



Intensive Outpatient Program (IOP)

Typically 18 - 30 sessions
(5-days/week then taper to 3-days/week)

Provides: Group Therapy, Family Therapy, and Case Management
Client can additionally enroll in separate program for Medication Management (monthly visits)

Transportation: Available (within 25-mile “as a crow flies” radius of the hospital)

Program Hours | Monday – Friday 9:00am – 3:30pm*
4 hours of therapies and 2 hours for schooling daily

Group^	Therapist	Office Number
Ages 8-11	Macy	737-808-2094
Ages 9-14	Catherine	COMING SOON
Ages 12-14	Michelle	737-808-2042
Ages 15-17	Kara	737-808-2053

Title	Name	Office Number
Outpatient Director	Cassandra	512-942-0208
Clinic Manager	Tyrah	737-808-4838
Education Coordinator	Thilini	737-808-2145
Nurse	Brandy	737-808-2183

^Some groups may be on a waitlist. Please refer to Outpatient for more information.

*1:30pm in summers and holidays